

THE NEEDLE NEWS

THE NEWS WITH A POINT

SENSATIONAL GOSSIP BOX

*Issue #1
a.k.a. Welcome Issue
July 20th, 2010*



Dear CACTUS participant, welcome to the CACTUS'10 program!

First of all, I can't quite express how excited we are to see you here. Many of you came a long way to Ternopil, traveled many miles and spent many hours in hot trains and buses.

For us, a 30-strong international staff, coming from 4 continents, the journey has been even longer.

Even though we've only been here in Ternopil for 4 days now, it all started much earlier. By now, it has been over a year since we started working on CACTUS'10 and, finally, we are all here; all ready.

During the next 10 days, you will have many new experiences and adventures, meetings of many new people and exploring what CACTUS'10 has to offer.

What's in CACTUS?



There will be times when you may feel tired or even frustrated. We urge you to try to get the most from the program: get immersed into team competitions, create an innovative project, and fall in love with the atmosphere the beautiful city of Ternopil! We are confident you will find your own place at CACTUS.

Be open and be yourself, and remember how thrilled are we to have such an active and talented group of youth with us!

Ilyya



STUFF FROM STAFF



*Have a time of your life
and I hope you learn
how to throw a Frisbee*

Gino

*Have fun learning, and
learn from your fun!*

Alex



*Take the energy you get
here and turn it into
something positive at
home!*

Betsy

You go guys!!!

Angie



*Don't forget to always
be inspired!*

Ally G.

*Take a step make
a change!*

Ira L.

Welcome to CACTUS!!!





IMPORTANT THINGS

Q & A

Q. If I prefer to have vegetarian food who do I talk to?
 A. Contact Angie or Natalya before meals

Q. What if I get lost or can't find my way in Ternopil?
 A. Call our Ternopil City Coordinator Natalya M. 093 775 88 39

Q. What if there's an emergency situation (losing things, medical help, personal emergency)
 A. Contact your team leader or other STAFF members

Q. What if I need to be away for part of the program?
 A. Inform the Director - Illya



Q. What is the Cell Phone policy?
 A. Avoid using cell phones during class periods, team challenges and forum activities.

Q. In case I need medical help, can anybody assist me?
 A. See Betsy for medical help

Q. I love sports. What can I do at forum?
 A. Contact Misha for morning running (every other day). We have a Gym available; optional Sports Classes.

Q. Can I go to the City?
 A. You are welcome to explore the city during your free time. Please check out w/ hall monitor and be back at the hotel by 23:30 sharp.

Location: Ternopil

Where is the heart?

(A) Venue
vul. Bilogirs'ka, 51

Where do we live?

(B) Hotel "Ruta"
vul. Medova 2

Where to buy basic things?

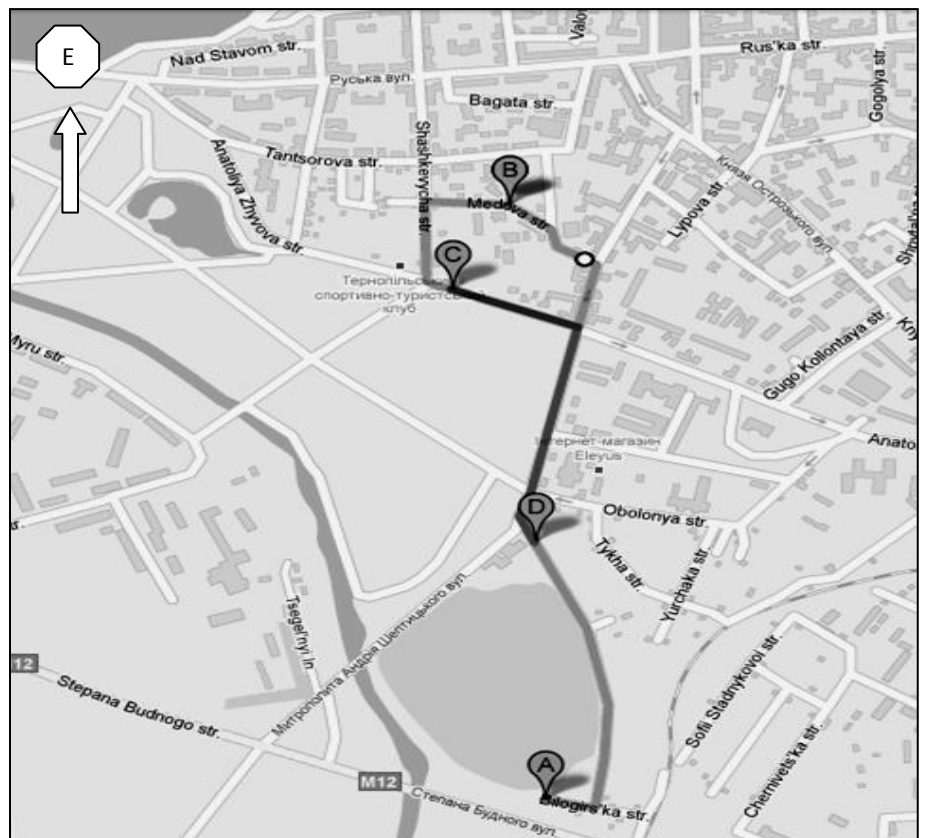
(C) Сільпо
Torhovyy Centr "Ornava"

Where do we eat lunch?

(D) Avtostanciya
Кафе "Топільче"

Where to take pictures?

(E) The BIG TERNOPIЛ lake

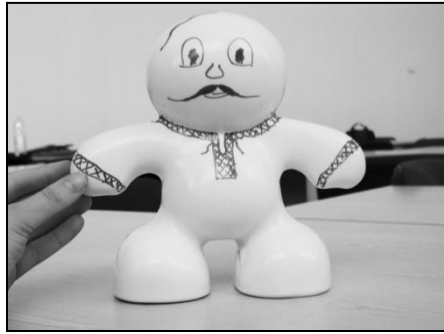




ON THE LAST NOTE

10 things to do in CACTUS

1. Find out who's nickname is **Wonderboy**
2. Take a **picture** with your friend by **the lake**
3. Find the **best ice cream** place in Ternopil
4. Find a person, who can teach you a **childhood skill** you always wanted to acquire
5. **Bring candy** to the editors ;)
6. **Share a secret** with somebody
7. Learn **10 new** English words
8. **Hug somebody** every day, different person every day
9. Never keep **gossip** to yourself – **share** it with others (?)
10. Wear that **beautiful smile** of yours EVERY SINGLE DAY!!! 😊



Useful Slang

1. **Chillaxin'** – Chillin'+Relaxing
"I'm so stressed, I need to chillax."
2. **Fo sho'** – for sure
to tell someone you are certain about something
"Are you going to the club tonight? Fo sho'."
3. **Say what? – Wow! Seriously? – Да ладно!**
Used when you almost can't believe what you've heard."
"Say what? You can't be serious"
4. **Sweet!**
Used to say that something is pretty amazing or cool
"Sweeeet! I just won a free trip to Croatia"
5. **What's up? – Шо там таке?**
A way to ask someone how their life is going or what they are doing.
"What's up man?"

Question of the issue:

If you could have a super power, which one would you choose?

Contact us through the **GOSSIP BOX** or directly in **STAFF Room/ Mexico**.

*Yours Very Faithfully,
Editor(s)
Betsy, O. & Ira O.*